EPIPHANY · JANUARY 6

Wise Men’s treasure snack mix

Prep 15 min **Total** 15 min **Makes** About 8 cups, enough for 16 small cups **Level** Easy

ADULT SUPERVISION REQUIRED

Cooking is for children and grown-ups together. An adult should supervise at all times and handle the oven, stovetop, knives, and anything hot. Popcorn, marshmallows, raisins, cranberries, and chocolate chips are choking hazards for children under 4. Give toddlers only soft cereal pieces, keep foil wrappers away from them, and have everyone sit down to eat.

ALLERGY INFORMATION

Made without nuts or peanuts, but chocolate, cereals, and dried fruit are often made where nuts and peanuts are processed, so check every label. Dark chocolate usually contains milk and soy. Many cereals contain wheat; choose a gluten-free one if needed. Always read ingredient labels, since brands vary, and ask about food allergies before you cook or share.

INGREDIENTS

Gold, for Jesus the King

- 3 cups (about 90 g) corn or rice cereal squares
- ½ cup (75 g) golden raisins
- Gold-foil chocolate coins, to top each cup (optional)

Frankincense, for Jesus who is God

- 3 cups (about 25 g) plain popped popcorn
- 1 cup (50 g) mini marshmallows

Myrrh, for Jesus our Savior

- ½ cup (85 g) dark chocolate chips
- ½ cup (60 g) dried cranberries

METHOD

1. Set out three bowls and label them Gold, Frankincense, and Myrrh.
2. Fill the gold bowl with the cereal and golden raisins, the frankincense bowl with the popcorn and marshmallows, and the myrrh bowl with the chocolate chips and cranberries.
3. Read the story of the Magi together (Matthew 2:1–12). As each gift is named, pour that bowl into one big bowl.
4. Toss gently with a big spoon.
5. Scoop into small cups or bags and top each one with a chocolate coin. Share them with family and friends, as the Magi shared their treasures with Jesus.

LITTLE HELPERS CAN (WITH A GROWN-UP)

- Make the Gold, Frankincense, and Myrrh labels
- Fill the three treasure bowls
- Pour in each gift as it is named in the story
- Scoop the treasure into cups for everyone

GOOD TO KNOW

- Keep the mix in an airtight container for up to 3 days; the popcorn softens after that.
- Make paper crowns while you mix, and set out a cup of treasure when you bless your door with chalk.

A BLESSING BEFORE WE EAT

Bless us, O Lord, and these thy gifts, which we are about to receive from thy bounty, through Christ our Lord. Amen. Lord Jesus, the Wise Men followed your star to find you; help us follow you too.