CANDLEMAS (THE PRESENTATION OF THE LORD) · FEBRUARY 2

Candlemas crêpes

Prep 5 min **Cook** 25 min **Rest** 30 min **Total** 1 hr **Makes** About 12 crêpes **Level** Easy

ADULT SUPERVISION REQUIRED

Cooking is for children and grown-ups together. An adult should supervise at all times and handle the oven, stovetop, knives, and anything hot. The pan gets very hot. A grown-up does all the cooking and flipping at the stove, while children help with mixing and fillings.

ALLERGY INFORMATION

Contains wheat (gluten), milk, and egg. Chocolate-hazelnut spread contains tree nuts and usually milk and soy. Always read ingredient labels, since brands vary, and ask about food allergies before you cook or share.

INGREDIENTS

- 1 cup (125 g) all-purpose flour
- 1 tbsp sugar
- A pinch of salt
- 2 eggs
- 1¼ cups (300 ml) milk
- 2 tbsp (30 g) butter, melted, plus more for the pan

Fillings

- Sugar and a squeeze of lemon, jam, sliced bananas, or chocolate spread

METHOD

1. Whisk the flour, sugar, and salt in a bowl. Make a well, add the eggs and a little of the milk, and whisk to a smooth paste.
2. Slowly whisk in the rest of the milk, then the melted butter, until the batter is smooth and thin. Let it rest for 30 minutes.
3. Heat an 8-inch (20 cm) nonstick pan over medium heat and wipe it with a little butter.
4. Pour in about 3 tablespoons of batter and tilt the pan so it covers the bottom thinly.
5. Cook about 1 minute, until the edges lift and the bottom is golden. Flip and cook 30 seconds more.
6. Stack on a plate, fill with your favorite topping, and fold into quarters.

LITTLE HELPERS CAN (WITH A GROWN-UP)

- Whisk the batter
- Choose and spread the fillings
- Fold the crêpes into triangles
- Bring a candle to the table (a grown-up lights it)

GOOD TO KNOW

- The first crêpe is often a test one. Adjust the heat and keep going.
- Batter keeps covered in the fridge for a day. Whisk before using.

A BLESSING BEFORE WE EAT

Bless us, O Lord, and these thy gifts, which we are about to receive from thy bounty, through Christ our Lord. Amen. Lord Jesus, light of the nations, shine in our home today.