THE ANNUNCIATION OF THE LORD · MARCH 25 (APRIL 5 IN 2027)

Annunciation waffles for Våffeldagen

Prep 10 min **Cook** 20 min **Total** 30 min **Makes** About 8 waffles **Level** Easy

ADULT SUPERVISION REQUIRED

Cooking is for children and grown-ups together. An adult should supervise at all times and handle the oven, stovetop, knives, and anything hot. A waffle iron gets very hot and lets out steam when opened. A grown-up opens it and lifts out the waffles.

ALLERGY INFORMATION

Contains wheat (gluten), milk, and egg. Always read ingredient labels, since brands vary, and ask about food allergies before you cook or share.

INGREDIENTS

Waffles

- 1¾ cups (220 g) all-purpose flour
- 2 tsp baking powder
- 2 tbsp (25 g) sugar
- ½ tsp salt
- 2 eggs
- 1½ cups (360 ml) milk
- 6 tbsp (85 g) butter, melted, plus more for the iron
- 1 tsp vanilla extract

To serve

- Strawberry, raspberry, or cloudberry jam
- Whipped cream

METHOD

1. Heat the waffle iron. A heart-shaped Scandinavian iron is traditional, but any waffle iron works.
2. Whisk the flour, baking powder, sugar, and salt in a large bowl.
3. In another bowl, whisk the eggs, milk, melted butter, and vanilla. Pour into the flour mixture and whisk just until smooth.
4. Brush the iron with a little butter. Ladle in enough batter to nearly cover the grid, close the lid, and cook 3 to 4 minutes, until golden and crisp.
5. Lift the waffle out with a fork and set it on a rack for a minute so it stays crisp. Repeat with the rest of the batter.
6. Top each waffle with a spoonful of jam and whipped cream and serve right away.

LITTLE HELPERS CAN (WITH A GROWN-UP)

- Whisk the batter
- Spoon on the jam and cream
- Count the hearts on each waffle
- Pray a Hail Mary together before eating

GOOD TO KNOW

- Keep finished waffles warm and crisp in a single layer on a rack in a 200°F (95°C) oven.
- Leftover waffles freeze well. Reheat them in the toaster.

A BLESSING BEFORE WE EAT

Bless us, O Lord, and these thy gifts, which we are about to receive from thy bounty, through Christ our Lord. Amen. Holy Mary, Mother of God, pray for us, and help us say yes to God as you did.